

### Possible Interaction Between Topical Terbinafine and Acenocoumarol

TO THE EDITOR: Terbinafine, an allylamine derivative, is an antifungal agent that inhibits ergosterol synthesis, destroying the fungal cellular membrane. Acenocoumarol, an anticoagulant agent, has a vitamin K antagonistic effect. Both drugs present high affinity to plasma proteins and are metabolized by cytochrome P450 isoenzymes. In addition, topical terbinafine formulations might present systemic absorption (less than 5%), and the risk of bleeding could be increased when both drugs are combined.<sup>1</sup> Although there is no clinical evidence of interaction between topical terbinafine and coumarins,<sup>2</sup> 2 cases with oral terbinafine and warfarin have been reported.<sup>3,4</sup> We present a case of a possible interaction between topical terbinafine and acenocoumarol.

**Case Report.** In August 2008, a 71-year-old white man presented with pain in his left calf, inflammation, petechiae, and bleeding lesions on his back and scalp. He had previously been diagnosed with chronic gastritis, arterial hypertension, dyslipidemia, and noninsulin-dependent diabetes mellitus and had been receiving acenocoumarol treatment for atrial fibrillation since 2004. He reported no significant changes in his diet or treatment (diltiazem 60 mg twice daily, lansoprazole 30 mg twice daily, atorvastatin 20 mg once daily, metformin 850 mg 3 times daily). Nine months before the symptoms appeared, he was diagnosed with seborrheic dermatitis on his head and back, for which he was treated with topical ciclopirox olamine 1.5% and mometasone furoate 0.1%, without improvement. In July 2008, the patient had begun treatment with topical terbinafine (1% Lamisil spray solution) once daily. Monthly international normalized ratio (INR) values with 13 mg of acenocoumarol per week as maintenance dose over the past year had been between 2.0 and 3.0 (target anticoagulation level). After 15 days of terbinafine treatment, he developed the symptoms previously described. At presentation, a blood sample via venipuncture was evaluated; his INR readings were greater than 8. Acenocoumarol and terbinafine were stopped and a single dose of phytonadione 10 mg was given. When the patient's INR went below the therapeutic range, subcutaneous bemparin 5000 IU daily was initiated. After 6 days, acenocoumarol at a dose of 13 mg/week was restarted. After 1 week, INR readings were within the therapeutic range. Liver function tests were normal. After 12 months, INR monthly controls values were stable. The Horn Drug Interaction Probability Scale indicated a possible interaction between terbinafine and acenocoumarol.<sup>5</sup>

**Discussion.** In patients treated concurrently with oral terbinafine and warfarin, Warwick and Corral<sup>3</sup> reported an increase in INR levels, while Gupta and Ross<sup>4</sup> reported a decrease. However, other authors have observed no interaction between these drugs.<sup>6</sup>

In our case, 2 mechanisms might explain this interaction. First, the drugs involved are extensively bound to plasma proteins. Introduction of topical terbinafine could have produced a displacement of acenocoumarol from plasma protein-binding sites. This may be clinically relevant in the elderly, in whom serum protein binding decreases. Visser et al.<sup>6</sup> have reported that men and older patients treated with antifungal agents and coumarins have a higher bleeding risk. Second, despite the fact that acenocoumarol is mainly metabolized by CYP2C9, other isozymes could also be involved.<sup>6</sup> It is possible that terbinafine, an inhibitor of CYP2D6, decreased the clearance of diltiazem, which is metabolized by CYP2D6.<sup>6</sup> Therefore, diltiazem, a potent inhibitor of CYP3A4, may have

decreased the clearance of acenocoumarol (weakly metabolized by CYP3A4).<sup>7</sup> At the time of writing, this theory had not been confirmed.

In conclusion, it is not well known what percentage of topical terbinafine is absorbed nor the role of drugs, factors, or mechanisms involved in this interaction. Further research must address these questions. Therefore, acenocoumarol should be closely monitored while a patient is using terbinafine spray.

José Antonio Morales-Molina PhD

*Clinical Pharmacist  
Pharmacy Department  
Empresa Pública Hospital de Poniente  
Ctra. de Almerimar s/n  
04700 El Ejido  
Almería, Spain  
fax 34 950 02 25 99  
joseantonio.morales@ephpo.es*

M Angustias Molina Arrebola PhD

*Clinical Hematologist  
Hematology Department  
Empresa Pública Hospital de Poniente*

Pedro Acosta Robles PharmD

*Director Pharmacist  
Pharmacy Department  
Empresa Pública Hospital de Poniente*

José Canto Mangana PharmD

*PhD Candidate  
Hospital Pharmacy Resident  
Pharmacy Department  
Empresa Pública Hospital de Poniente*

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### Evaluation of Pharmacist Use and Perception of Wikipedia as a Drug Information Resource

TO THE EDITOR: Approximately 80% of pharmacists use the Internet to obtain drug information.<sup>1</sup> Wikipedia, often found at the top of Internet search results, is a free-access, collaborative, online encyclopedia that can be edited by anyone.<sup>2</sup> Incidents of vandalism have occurred, since the site allows anyone to contribute. For example, an incident occurred in which a fake biography was created as a joke to implicate prominent writer and journalist John Seigenthaler for the assassination of John F Kennedy. It took about 4 months until the fake biography was detected and deleted by Wikipedia.<sup>3</sup> Although Wikipedia does have an internal quality review, the ability of internal editors to find and correct erroneous information may not be timely. As reported by Clauson et al.,<sup>4</sup> the information found on Wikipedia may not be complete and accurate, especially in regard to drug information. Published data regarding pharmacists' use of Wikipedia to obtain drug information is lacking. Therefore, the objective of this study was to measure pharmacists' use and perception of Wikipedia for obtaining drug information.

Seventy-eight state pharmacy associations in the US were contacted between February 2 and March 14, 2009, and requested to forward a link to an electronic questionnaire (Appendix I) to their pharmacist members. Forty-two percent (33/78) of the state pharmacy associations, representing 66% of states (33/50), participated. A total of 38,110 emails were sent, and 1067 questionnaires were completed, resulting in a 3% response rate. Eleven questionnaires were excluded because they were from students. Fifty-four percent (572/1056) of respondents were male, the mean age was 48 years (range 23–86 y), and mean time in practice was 23 years (0–65 y). Of the respondents, 52% had a bachelor's degree, 40% had a PharmD degree, and 9% had other degrees (eg, PhD, Master's). The majority of respondents did not have residency training (78%), with most practicing in either retail (40%) or hospital (37%) pharmacy settings.

Thirty-five percent (369/1056) of respondents reported use of Wikipedia. Of the 687 who did not report use of Wikipedia, 51% (351/687) indicated that they do not use Wikipedia because they have other resources available. Other reasons for not using Wikipedia included lack of trust (27%; 183/687) or lack of familiarity with the site (11%; 75/687). In regard to their perception of Wikipedia, 19% (69/369) of users reported that they trusted Wikipedia, 12% (43/369) indicated that they would recommend Wikipedia to other pharmacists, and 7% (25/369) would recommend Wikipedia to consumers/patients.

In terms of using Wikipedia specifically to obtain drug information, 28% (105/369) reported using it for this purpose, with the majority of these respondents reporting use of Wikipedia to identify medication indications. Of concern, only 28% (29/105) of the respondents who reported using Wikipedia to obtain drug information were familiar with who edits and manages the Web site. This study is limited by a low response rate and the fact that only pharmacists who were members of state pharmacy associations received the survey; also, not all areas of pharmacy practice were represented.

In conclusion, although the majority of respondents reported that they do not use Wikipedia as a drug information resource, only one third of pharmacists who reported use of Wikipedia for drug information were aware that anyone can edit the information. These results warrant an effort to educate pharmacists about the limitations and appropriate use of online resources for drug information.

Laurie Brokowski PharmD

*At time of writing,*  
*Drug Information Resident*  
*School of Pharmacy and Pharmaceutical Sciences*  
*Purdue University*  
*West Lafayette, Indiana*  
*now, Clinical Pharmacist*  
*Veterans Affairs Northern Indiana Health Care System*  
*Marion, Indiana 46953*  
*fax 765/677-5158*  
*laurie.brokowski@va.gov*

#### Appendix I. Electronic Questionnaire

- |  |  |  |
|--|--|--|
| 1. Gender:   | <input type="checkbox"/> M <input type="checkbox"/> F  |  |
| 2. Age:  | _____  |  |
| 3. Highest degree:   | <input type="checkbox"/> BS <input type="checkbox"/> PharmD <input type="checkbox"/> Other _____   |  |
| 4. Residency training:   | <input type="checkbox"/> PGY 1 <input type="checkbox"/> PGY 2 <input type="checkbox"/> both <input type="checkbox"/> none  |  |
| 5. Years in practice:  | _____  |  |
| 6. Practice setting:   | <input type="checkbox"/> Retail <input type="checkbox"/> Hospital <input type="checkbox"/> Industry<br><input type="checkbox"/> Academia <input type="checkbox"/> Ambulatory <input type="checkbox"/> Long term care<br><input type="checkbox"/> Other: _____  |  |
| 7. Do you use Wikipedia?   | <input type="checkbox"/> Yes <input type="checkbox"/> No   |  |
| a) If answer is "No": Why don't you use Wikipedia?                               | <input type="checkbox"/> Never heard of it <input type="checkbox"/> I do not need to use it, because I have other resources available<br><input type="checkbox"/> I do not trust it <input type="checkbox"/> Other _____   |  |
| <i>(end of Wikipedia questions)</i>  |  |  |
| b) If answer is "Yes": What kind of drug information do you use from Wikipedia?: | <input type="checkbox"/> Administration <input type="checkbox"/> Adverse drug reactions<br><input type="checkbox"/> Contraindications <input type="checkbox"/> Dosage<br><input type="checkbox"/> Drug interactions <input type="checkbox"/> Indications<br><input type="checkbox"/> Mechanism of action <input type="checkbox"/> Pregnancy/Lactation<br><input type="checkbox"/> Other <input type="checkbox"/> I do not use Wikipedia for drug information |  |
| <i>(move to question 8)</i>  |  |  |
| 8. Do you trust Wikipedia?   | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not Sure   |  |
| 9. Would you recommend the use of Wikipedia to other pharmacists?                | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not Sure   |  |
| 10. Would you recommend the use of Wikipedia to customers/patients?              | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not Sure   |  |
| 11. Do you know who edits and manages Wikipedia?                                 | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not Sure   |  |

Amy Heck Sheehan PharmD

Associate Professor of Pharmacy Practice  
School of Pharmacy and Pharmaceutical Sciences  
Purdue University

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### Comment: Fatal Intracranial Bleed Potentially Due to a Warfarin and Influenza Vaccine Interaction

TO THE EDITOR: We read with great interest the case report by Carroll and Carroll<sup>1</sup> regarding a possible influenza vaccine–warfarin interaction. This report has the potential to influence influenza vaccine utilization for patients on warfarin. We address some issues that may have affected the patient's anticoagulation status that these authors did not fully address.

The patient was classified as “relatively stable” on warfarin. The American College of Chest Physicians (ACCP) recommends that stable international normalized ratios (INRs) be monitored every 4 weeks, with those not stable to be followed more frequently.<sup>2</sup> During the 6 months documented, this was not a stable record due to variable and multiple out-of-range INRs.

The patient's use of tobacco, alcohol, and over-the-counter products were ruled out as contributing factors. However, nutritional information was not provided regarding potentially interacting foods or beverages such as grapefruit, cranberries, or vitamin K–containing nutrients.<sup>3</sup>

This patient had low hemoglobin and hematocrit readings 1 year prior to the event, with a further decrease in both indices 1 month prior to his hemorrhage. Whether the decreases were due to progression of iron-deficiency anemia, anemia of the elderly, or to an underlying chronic bleed should be considered, especially in light of lower gastrointestinal bleeding documented 2 days prior to admission. A chronic gastrointestinal bleed seems possible, given the patient's history of gastroesophageal reflux disease, concomitant use of celecoxib, chronically low hemoglobin and hematocrit levels, and rectal bleeding prior to admission. Laboratory results indicated low serum protein and albumin by the time the INR was 15. These had been normal 1 month earlier; whether this signaled an undiagnosed illness is also unknown.

Carroll and Carroll<sup>1</sup> outlined previous reports of potential interactions between warfarin and influenza vaccination, but little critical evaluation was provided. Our brief review of these reports found no INR elevations as high as that observed in their case. Among the case reports cited by Carroll and Carroll, we found a consistent failure of the original reports to rule out confounding factors. In addition, a 2005 systematic review on warfarin interactions identified only 3 warfarin–influenza vaccine interaction studies that met their quality criteria: 2 reported no significant interaction, and 1 reported inhibition of warfarin effect but only in an elderly subgroup, based on post hoc analysis. The review specifically noted a need for analysis based on large administrative databases examining this and other possible drug interactions with warfarin.<sup>4</sup> The recent large database study listed by Carroll and Carroll (5167 subjects receiving warfarin and influenza

and/or other vaccines),<sup>5</sup> as well as 2 other more recent cited reports with relatively rigorous study designs,<sup>6,7</sup> all reported no significant effect of influenza vaccine on INRs, nor were major bleeding episodes reported.

Past influenza vaccination in this patient was not associated with this reaction, giving negative answers on questions 5 and 6 of the Horn Drug Interaction Probability Scale (DIPS).<sup>8</sup> There are several other alternative contributing causes for this event, so question 7 of the DIPS is also negative. Without further screening to rule out these confounding factors, it seems premature to isolate influenza vaccination as the culprit. This report may influence influenza vaccination decisions for this high-risk population. It is important to rule out potential changes in the patient's nutritional status and a possible undiagnosed underlying concomitant illness as alternative contributing factors.

Alan WY Chock PharmD

Assistant Professor of Pharmacy Practice  
School of Pharmacy and Health Professions  
Creighton University  
2500 California Plaza  
Omaha, Nebraska 68178  
fax 402/280-1268  
[chock@creighton.edu](mailto:chock@creighton.edu)

Kathleen A Packard PharmD BCPS

Assistant Professor of Pharmacy Practice  
School of Pharmacy and Health Professions  
Creighton University

Linda K Ohri PharmD MPH

Associate Professor of Pharmacy Practice  
School of Pharmacy and Health Professions  
Creighton University

Financial disclosure: None reported

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AUTHORS' REPLY: We appreciate the interest and comments provided by Chock et al. regarding our article. They have raised several questions that necessitate a response.

We agree that this case report has the potential to influence use of influenza vaccination for patients on warfarin. However, we never advocated that patients taking warfarin not be vaccinated with the influenza vaccine. We did advocate that healthcare providers implement more frequent INR evaluations in the 4–6 weeks following influenza vaccination, given the serious outcome we observed in our patient and the current literature available on this subject. We believe that this is a prudent and realistic practice to incorporate in patients taking warfarin who are immunized with inactivated influenza vaccine.

They commented on our classification of the patient's INR as "relatively stable." We agree, the patient should have been monitored every 4 weeks per the recommendations by the ACCP. However, the patient failed to return for routine INR monitoring on that schedule. We still believe that the INR was relatively stable in regard to fluctuations above and below the targeted INR of 2–3, with the highest value of 4.7 and the lowest value of 1.4 in the 6 months prior to the event. Our patient was slightly below the average (in days) reported in community practice (56.7%) and clinical trials (66.4%).<sup>1</sup>

Chock et al. also commented that the nutritional information was never provided for foods and beverages that could be contributing factors for this patient's significantly elevated INR. The patient's wife denied other significant changes that might have impacted the INR at the time of the event, and these included dietary changes (both for foods and beverages). It was not possible to elucidate any more specific information.

Chock et al. commented on the potential impact of chronic anemia and gastrointestinal bleed in our patient. We have found no evidence that links these conditions to a sudden, drastic increase in a patient's INR. The focus here is not on whether the patient had anemia, but rather on the timing between administration of an influenza vaccine and extreme INR elevation.

There was also concern mentioned by Chock et al. regarding the low serum protein and albumin levels at the time of presentation. They believe that these could be related to an undiagnosed illness. While that is a possibility, we believe that the lower protein and albumin levels were more likely related to the hemorrhaging and acute physiological stress the patient was experiencing at the time of presentation to the emergency department.<sup>2,3</sup> Considering the grave condition of the patient, other underlying illnesses were not evaluated at the time of presentation.

Chock et al. questioned our degree of critical evaluation of the literature related to warfarin and inactivated influenza vaccine. We believe that our critical evaluation was sufficient and this was affirmed through *The Annals'* peer review process. Due to this being a case report, an extensive evaluation in print was beyond the scope of the article. However, we did discuss the more clinically relevant studies and included Table 1 as a complete overview of the available literature.

We agree with Chock et al. that there are no reports in the literature of INR elevations as high as in this case. There are inherent limitations to the current literature as discussed in our original case report (small sample sizes, variations in annual inactivated influenza vaccine formulations). However, we do not think that these nullify this case report and its findings.

Finally, they questioned our DIPS score for this case report. In regard to their comment regarding our observation that the previous year's influenza vaccination did not result in a similar reaction (significantly elevated INR), one possible explanation is that, if there was an elevation in the INR and the patient was without symptoms, it could have gone undetected since his INR was not assessed until 7 weeks after vaccination the previous year. Reports have been conflicting, but both significant decreases and increases have been observed most frequently in the 2 weeks after vaccination.<sup>4,5</sup> In addition, a few authors have suggested that the interaction between warfarin and inactivated influenza vaccination may be impacted by variations in the vaccine preparation/formulation each year.<sup>4,6</sup> Our patient would have had 2 different inactivated influenza preparations from the year prior to the event when he was vaccinated to the year of the event when he was vaccinated.

Chock et al. also believe that there were other potential contributing causes that should be reflected in adjusting the DIPS score. We ruled out as many "other contributing factors" as possible in this patient, as discussed previously. Based on the factors mentioned above, we believe that our original DIPS score was accurate for this patient.

Again, we are not advocating that patients who are receiving warfarin should avoid the inactivated influenza vaccine. However, it does appear prudent to monitor INR values more regularly during the 4–6 weeks following vaccination.

Dana G Carroll PharmD BCPS

*Clinical Associate Professor  
Harrison School of Pharmacy  
CCHS University Medical Center  
PO Box 870374  
Tuscaloosa, Alabama 35847  
fax 205/348-2889  
dgc0001@auburn.edu*

Doug N Carroll PharmD BCPS

*Clinical Associate Professor  
Harrison School of Pharmacy*

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#### **Comment: Evaluation of the Modified Diet in Renal Disease Equation for Calculation of Carboplatin Dose**

TO THE EDITOR: Shord et al.<sup>1</sup> reported similar frequencies of thrombocytopenia, neutropenia, and the need for dosage modifications in their comparison of carboplatin doses based on traditional serum creatinine (SCr)-based equations (ie, Cockcroft-Gault, Jelliffe) versus the Modification of Diet in Renal Disease (MDRD) equation. However, they concluded that the estimated glomerular filtration rate (GFR) and the MDRD equation should not be used to estimate carboplatin doses until more data are available.

We previously found that carboplatin dosing based on the MDRD equation was associated with precision better than and bias similar to that of the Cockcroft-Gault equation, compared with measured GFR.<sup>2</sup> More recent studies also support these findings. Poole et al.<sup>3</sup> reported no significant deviation from "true" carboplatin dose (based on measured GFR) in similar proportions of patients between the MDRD (58%) and the Cockcroft-Gault equations (63%). Two other studies also reported

good correlation in carboplatin dose between the 2 equations (correlation coefficient of 0.73 and 0.88).<sup>4,5</sup>

The MDRD equation allows for the automatic reporting of estimated GFR as part of renal biochemistry. This may reduce potential calculation errors. Shord et al. showed that any discordance between the 2 equations is unlikely to be clinically significant for the patient with average body size (body surface area ~1.8 m<sup>2</sup>) and renal function (SCr ~1.0 mg/dL). Therefore, it seems reasonable to use either equation to guide carboplatin dosing if measured GFR is not available, provided that the same estimation method is used during a particular course of treatment. A similar recommendation has been made by the British National Formulary, as well as by expert consensus in Australia and New Zealand.<sup>6</sup>

Mário L de Lemos PharmD MSc (Oncol)

Provincial Drug Information Coordinator  
Pharmacy Department  
British Columbia Cancer Agency  
600-750 West Broadway  
Vancouver, British Columbia, Canada  
fax 604/708-2024  
mdelemos@bccancer.bc.ca

Linda Hamata BSc(Pharm)

Staff Pharmacist  
Pharmacy Department  
British Columbia Cancer Agency

James Conklin BSc(Pharm) ACPR

Staff Pharmacist  
Pharmacy Department  
British Columbia Cancer Agency

Financial disclosure: None reported

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#### REFERENCES

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AUTHORS' REPLY: de Lemos et al. correctly stated that our results demonstrated a similar frequency of thrombocytopenia, neutropenia, and

need for dose modifications when using traditional SCr-based equations versus the MDRD equation. As noted in our discussion, at least 2 other studies attempted to define a clinically relevant difference but did not define the clinical consequence of using different estimates of GFR in the calculation of carboplatin renal clearance and dose.<sup>1,2</sup> Our study emphasized clinical outcomes (ie, toxicity) rather than precision or correlation between different equations and actual GFR. Based on the published literature and our results, we concluded that further investigation is warranted before the MDRD equation is routinely incorporated into clinical practice. Our reservations stem from the fact that area under the curve achieved using the various estimates of GFR, including the MDRD equation, has not been examined prospectively. In addition, the MDRD equation was developed for patients with chronic kidney disease. It is apparent that traditional SCr-based estimates frequently underestimate GFR, potentially leading to underdosing, and likely stray from the intended dose based on the Calvert formula. Our study demonstrates that the clinical consequences (as defined in our study) are similar when using the various equations. Thus, we believe that additional investigation is warranted and that clinical practice need not be changed until research demonstrates that the MDRD equation permits the calculation of a carboplatin dose that results in the intended exposure and improves the clinical outcomes of patients treated with this cytotoxic drug.

Stacy S Shord PharmD BCOP

at time of writing,  
Assistant Professor  
College of Pharmacy (M/C 886)  
University of Illinois at Chicago  
now, Reviewer  
US Food and Drug Administration  
Center for Drug Evaluation and Research  
Office of Clinical Pharmacology  
Division of Clinical Pharmacology 5  
Silver Spring, Maryland  
fax 301/796-9736  
stacy.shord@fda.hhs.gov

Linda R Bressler PharmD BCOP

Clinical Associate Professor  
College of Pharmacy  
University of Illinois at Chicago

J Lee Villano MD PhD

Assistant Professor  
College of Medicine  
University of Illinois at Chicago

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